

Manual Handling Instructors/Assessors

Course Aim

To equip delegates with the knowledge and skills to be able to instruct other staff in safe manual handling technique, and to carry out manual handling risk assessment effectively.

Who Should Attend

Designed for those currently or planning to be in a training role, to enable them to teach others in manual handling.

Course Duration

2 Day

Course Content

- The reasons for managing health and safety – moral, economic and legal
- Legal requirements relating to manual handling
- Accident causation
- Risk assessment
- Common manual handling injuries
- Anatomy of the spine
- Manual handling risk assessment
- Manual handling control measures
- Safe lifting technique
- Communication and training skills

Certification

Delegates will be awarded a certificate of attendance on successful completion of assessment.

Location

The course is normally held on client's premises, and delivered specifically for their employees. If required, the course can be held on **Phoenix Health & Safety** premises at an additional cost. *Travel and accommodation costs may be charged additionally if the location is outside England or Wales.*

Price

£995 + VAT

for a maximum of 15 delegates.



Contact us

Please contact us if you would like to book one of these courses, or if you would like further information about any of our other training programmes.

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