

# Display Screen Equipment

## Course Aim

To provide delegates with the knowledge and skills required to enable them to set up their computer workstation correctly, and use it without risk of harm.

## Who Should Attend

Anyone required to use display screen equipment on a regular basis.

## Course Duration

1/2 Day

## Course Content

- Reasons for managing health and safety – moral, economic and legal
- Adverse health effects from working with display screen equipment
- Setting up your workstation
- Keying in
- Using a mouse
- Reading the screen
- Posture and breaks
- Laptops

## Certification

Delegates will be awarded a certificate of attendance on successful completion of assessment.

## Location

The course is normally held on client's premises, and delivered specifically for their employees. If required, the course can be held on **Phoenix Health & Safety** premises at an additional cost. *Travel and accommodation costs may be charged additionally if the location is outside England or Wales.*

## Price

**£495 + VAT**

for a maximum of 15 delegates.



## Contact us

Please contact us if you would like to book one of these courses, or if you would like further information about any of our other training programmes.

**0345 500 8811**  
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